

**Welcome to Bhutan, the Heaven of Happiness and the Bhutan Land of Happiness Tours
will bridge you with the true essence of Happiness!**



Detailed Itinerary

Day 1: Arrival in Paro

The flight into Paro is considered one of the most scenic mountain journeys in the world. On a clear day, you may catch breathtaking views of some of the highest peaks, including Mt. Everest, Kanchenjunga, and Makalu, along with Bhutan's own sacred mountains such as Jumolhari, Jichu Drakey, and Ttrim Gang. As you land, you will immediately feel the refreshing, crisp mountain air—your first welcome to Bhutan. Upon arrival, our representative will receive you and escort you to your hotel.

In the afternoon, visit the National Museum of Bhutan, also known as Ta Dzong (meaning “watchtower”). Built in the 17th century to guard against Tibetan invasions, it now houses an extensive collection of artifacts, including ancient relics, traditional art, and cultural exhibits dating back centuries, offering a great introduction to Bhutan's rich history.

Later, visit the Rinpung Dzong, a beautiful fortress-monastery known for its classic Bhutanese architecture and historical significance. From there, take a short walk across the traditional Nyamai Zam Bridge, a wooden cantilever bridge that offers a charming view of the river and surrounding landscape.



Day 2: Hike to Tiger's Nest Monastery (Taktsang)

Today, embark on the iconic hike to the legendary Tiger's Nest Monastery, perched dramatically on a cliffside 900 meters above the Paro valley. The trek is moderately challenging and takes about 4–5 hours round trip, depending on your pace.

Along the trail, enjoy lush pine forests, prayer flags fluttering in the breeze, and stunning views of the Paro valley below. Once you reach the monastery, explore the sacred temples and courtyards, and take in the breathtaking scenery. After the visit, return to your hotel in Paro for an evening of rest and reflection.



Day 3: Trek from Ta Dzong to Jele Dzong (10 km, 3–4 hours, altitude: 3,450 m)

Begin your Druk Path Trek early in the morning to avoid the strong midday heat, especially along the more exposed uphill sections. The trail starts just above the Ta Dzong and gradually ascends through a mix of temperate forest, passing occasional farmhouses along the way.

As you continue, the path leads into dense coniferous forest by around lunchtime, offering shade and a peaceful trekking experience. Keep an eye out for various bird species and, if lucky, some wildlife along the route.

By late afternoon, you will reach Jele La Pass, after which the campsite is located just a short walk downhill. The campsite sits in a wide, open meadow, often used by yak herders during seasonal migration, making it a scenic and tranquil place to rest for the night.



**BRIDGING THE WORLD
WITH HAPPINESS**



Day 4: Jele Dzong to Jangchuklakha (10 km, 4–5 hours, altitude: 3,780 m)

Today's trek takes you to the campsite at Jangchuk Lhakha. The journey lasts about 4–5 hours, with a gradual altitude gain of around 300 meters.

The trail begins with a short uphill climb of about 200 meters towards Jele Dzong, which once served as a rest house during the time of the Second King and is now a monastic institute.

From here, the path follows a series of gentle ascents and descents along scenic ridgelines, offering beautiful views of the Paro valley on your left. You will pass through high temperate forests, with occasional openings into alpine meadows, making the walk both peaceful and visually rewarding.



**HAPPINESS
IS A PLACE**



Day 5: Jangchuk Lhakha to Jimi Langtso (11 km, 5–6 hours, altitude: 3,880 m)

Today's trek takes you to the stunning Jimi Langtso Lake, the highest campsite of the journey. The trail begins with a steady climb of about 500 meters through coniferous forests and open hillsides, offering crisp autumn scenery and clear mountain air.

After crossing the first pass, the trail continues with gentle ups and downs along scenic ridges. You may notice wild onions growing along the path. October usually offers excellent visibility, and on clear days you can enjoy spectacular views of Himalayan peaks including Mt. Kanchenjunga and Bhutan's Mount Jomolhari, Jichu Drakey, and Ttrim Gang to the northwest. After the final pass, the lake comes into view, followed by a gradual descent to your peaceful lakeside campsite.



Day 6: Jimi Langtso to Phajoding (20 km, 5–6 hours, altitude: 3,870 m)

Start early for a longer trekking day towards Phajoding Monastery. The trail gradually ascends, crossing several high passes, some reaching up to 4,000 meters.

Along the way, you may encounter yak herder camps and grazing yaks, and with some luck, even spot herds of blue sheep. The trail passes beautiful alpine lakes such as Janetso and Simkota Tsho, known for their trout.

With the clear autumn skies, you can enjoy panoramic views of Bhutan's snow-capped mountains towards the northeast. After crossing Phajoding Pass, take in a breathtaking view of the Thimphu valley before descending to your campsite near Phajoding.



Day 7: Phajoding to Thimphu (4–5 km, ~3 hours, altitude: 2,350 m)

On the final day of your trek, you can choose to start early if you wish to reach Thimphu sooner, or take a relaxed morning to explore the surroundings of Phajoding Monastery.

The sunrise from Phajoding is especially rewarding, offering beautiful views over the Thimphu valley below. A short morning walk around the hillside may also give you a chance to spot pheasants and other birdlife.

The descent to Thimphu is through mixed temperate forest and takes around 2–3 hours. It is recommended to carry a walking stick, as monastery dogs in the area can sometimes be unfriendly.

At the trek endpoint, your vehicle will be waiting to transfer you to Thimphu. Here, you bid farewell with a “Tashi Delek” to your trekking crew, marking the end of a memorable journey.

Day 8: Thimphu Sightseeing (Leisure Day)

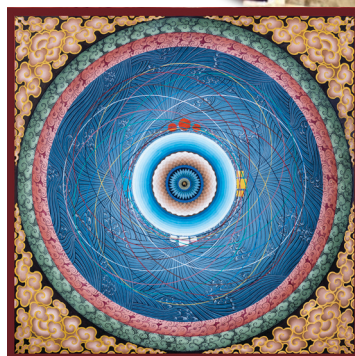
After completing your trek, today is kept relaxed so you can start a bit later and explore Thimphu at a comfortable pace.

Begin with a visit to Buddha Dordenma, one of the largest Buddha statues in the world. Perched on a hilltop, it offers panoramic views of the Thimphu valley and a serene environment for reflection.

Next, visit the Jungshi Handmade Paper Factory, where you can see the traditional process of making paper from the bark of the Daphne plant—a centuries-old craft still widely used for religious texts and art.

Finally, explore a High Quality Thangka Painting Studio, where skilled artisans create intricate, traditional thangka paintings. Here, you can observe the careful attention to detail, vibrant colors, and spiritual symbolism that go into each piece—an excellent opportunity to appreciate Bhutanese art at its finest.

This leisurely day combines culture, craftsmanship, and scenic beauty, offering a gentle yet enriching experience after your trek.



Day 9: Attend Thimphu Tshechu (Final Day)

Today, you will attend the final day of the vibrant Thimphu Tshechu, one of Bhutan's most important religious festivals. Held at the Tashichho Dzong, this special day is marked by sacred mask dances (Cham) performed by monks and lay dancers in elaborate costumes.

The final day is particularly significant as it often features important blessings for the public. Locals gather in their finest traditional attire, creating a lively and colorful atmosphere. The festival is not only a spiritual experience but also a wonderful opportunity to witness Bhutanese culture, traditions, and community life up close.



Day 10: Thimphu – Punakha

After breakfast drive to Punakha.

Stop at Dochula Pass (3,100 m), famous for its 108 memorial chortens and breathtaking panoramic views of the eastern Himalayas on clear days.

Continue to visit the magnificent Punakha Dzong, one of the most beautiful dzongs in Bhutan, located at the confluence of the Pho Chhu and Mo Chhu rivers. Built in 1637, it serves as the winter residence of Bhutan's monastic body.

Enjoy lunch nearby.



After lunch, enjoy an exciting white-water rafting experience along the scenic Pho Chhu River in Punakha. Surrounded by breathtaking landscapes and peaceful countryside views, the rafting offers a perfect mix of adventure and natural beauty while passing by traditional villages and stunning river valleys. After the activity, continue exploring the charm of Punakha, a peaceful village walk where you can experience rural Bhutanese life and scenery.



Day 11: Punakha via Paro

After checking out from your accommodation, you will transfer from Punakha back to Paro. On the way, we will stop at Tachog Lhakhang, a sacred temple built in the 15th century by the great Tibetan saint and iron bridge builder Thangtong Gyalpo. The temple is known for its historic iron chain bridge and beautiful surroundings. Along the way, enjoy a leisurely lunch and take in the scenic views of the valley and surrounding hills.

In Paro, you can stroll through the town's charming streets, explore local markets, and engage in village walks to experience authentic Bhutanese rural life. Meet locals, interact with villagers, learn about their traditions, and see everyday life up close. This day offers a perfect mix of relaxation, cultural immersion, and light exploration before concluding your journey.



Day 12: Departure

On your final day, transfer to Paro International Airport for your departure. Depending on your flight schedule, you may have time for a last stroll in Paro town or some souvenir shopping. Say your farewells to Bhutan with memories of its majestic mountains, rich culture, and warm hospitality.



TASHI DELEK

Bhutan Land of Happiness Tours
Email: www.bhutanlhtours.com
Contact No: +975-17377777
Thimphu, Bhutan.